

# **BEST PRACTICES**

## **Best Practice 1**

### **Title of the Practice:**

Encouraging Higher Education amongst underprivileged students.

### **Objectives of the Practice:**

- To motivate the underprivileged students for higher studies.
- Finance should not be a constraint for higher studies.
- To promote the Higher education that gives people the chance to consider the important social, economic, cultural, moral, and spiritual problems that humanity is currently experiencing.
- To encourage the Girl students to complete their Higher Education despite of their family pressure.
- To inculcate Wisdom and Knowledge amongst the students to be the future leaders.

### **The Context:**

In today's world Higher education has become an important factor for gaining wisdom and knowledge and to apply the learnings in their personal and professional life that can help them to emerge as future leaders irrespective of the gender. Ghanshyamdas Jalan College provides 5 programs (B.Com, B.M.S, B.A.F, B.Sc., and B.Sc. (I.T.)) to the students. Our College promotes Higher Education by helping the underprivileged and Economically Weaker Section Students by providing them the easy fees instalment facilities and free ship facility for the deserving students.

### **The Practice:**

Our College promotes Higher Education for the students who are underprivileged or come from Economically Weaker Sections. Our College has developed a mechanism to collect the fees from the students in easy instalments in order to reduce the financial burden on the underprivileged families. The students can secure their admissions in any of the programs provided by the College by paying whatever minimum amount they could pay initially and the rest can be paid in easy instalments. The College also provides a free ship to the

deserving students & the students who have secured high percentage in their academics. To encourage the Girls' education, our College gives some percentage of free ship to the underprivileged Girl child. Our College has also an understanding with an NGO who helps to pay the entire fees or partial fees for the deserving underprivileged students.

**Evidence of Success:**

- Our College has seen a steady increase in the number of admissions in the last Academic Years because of the measures taken by us for encouraging higher education amongst underprivileged students.
- The current trend of the students show that they are inclined towards the Higher Education. This has become all the more possible because the parents of the underprivileged children are also showing keen interest to educate their children for higher studies because of the facilities extended by our college.

**Problems Encountered and Resources Required:**

- Even though easy instalments for payment of fees was given primarily with the objective to help the underprivileged students but many privileged students in spite of having the capacity to pay the full fees also took advantage of this scheme and refused to pay the fees on time.
- Our college needs to have an understanding with more NGOs who can sponsor for few of the deserving underprivileged students for higher studies. We need to seek help from these NGOs as we are an unaided College.

**Best Practice 2**

**Title of the Practice:**

Medicinal garden to promote better health and wellbeing.

**Objectives of the Practice:**

- To create optimum awareness and interest amongst the students about medicinal plants.
- To orient the students that the medicinal herbs and plants provide a soothing effect to the body.

- To inform that certain medicinal herbs have disinfectant property, which destroys disease causing germs and boost the immunity.
- To spread the awareness that medicinal herbs and plants inhibit the growth of pathogenic microbes that cause communicable diseases.

### **The Context:**

This best practice was primarily adopted for the following reasons:

- In order to educate the students to promote the use of medicinal plants for any ailments over the use chemicals.
- As we are all aware that during the pandemic the entire world and all the more in India we realized the importance of using herbs in everyday life that builds a strong immune system and that protected us from the virus. This made our College realize the importance of educating all the staff & the students on the use of herbs in daily consumption that can safeguard their health. Hence our College created a medicinal garden.

### **The Practice:**

Our College regularly organizes various webinars, seminars and excursions to enrich the students about the understanding on the medicinal herbs & plants and its health benefits. Their interest in medicinal plants and herbs were further enhanced when Dr. Raj Merchant, a renowned Naturopath inaugurated our medicinal garden in the campus. He emphasised on certain problems related to health issues like cancer, diabetes, blood pressure and obesity and gave tips to cure the above mentioned ailments using medicinal plants & herbs. Our teachers have taken deep interest in teaching the students and taking them for excursions to expose them to the various species of medicinal plants and herbs over and above that are planted in our medicinal garden. Our teachers have also taken the initiatives to take the students to the botanical gardens in order to enhance the students' knowledge on medicinal herbs and plants and to identify new species of medicinal herbs and plants that are not planted in our College medicinal garden. Our College's medicinal garden is well maintained by the teachers, students and our gardener who takes keen interest to add on to new species of medicinal herbs and plants to our existing medicinal garden.

### **Evidence of Success:**

- By following the COVID-19 protocols during the pandemic and the lockdown, some of the College staff had reported to College in order to

attend to some of the priority work in the College premises. These staff members were administered a 'Kada' everyday prepared from the medicinal herbs grown in our own Medicinal garden which helped to boost their immunity and hence no staff member was affected by the virus.

- A webinar was conducted by Dr. Raj Merchant, a renowned Naturopath who educated all the staff members and the students of our College to use certain herbs in everyday life especially during the pandemic (COVID-19) period that can help to boost their immunity and hence it protected all our students and staff from the virus.

**Problems Encountered and Resources Required:**

- Medicinal Garden needs maintenance on a regular and daily basis.
- Adding more plants and herbs to the medicinal garden within the available space in the campus proves to be a challenge sometimes.
- Even though our medicinal garden is being maintained by our teachers, students and our gardener, but at the same time our College is in the process of appointing a dedicated and knowledgeable consultant who can contribute and enhance the further growth of our medicinal garden on a regular basis..